

# ECHO JOINT AGREEMENT Community Resource Guide 2019-2020

#### **Counseling Services/Mental Health**

#### Aunt Martha's 1536 Vincennes Chicago Heights, IL......877-My-Aunt-M Provides Child and Adult Services. Bilingual Interpreters Available. Behavior Help Services available. Barr-Harris Center......312-922-7474 122 South Michigan Ave, Suite 1300 Chicago, Illinois 60603 Grief Services for any type of loss, including divorce, abandonment, and foster care. Services available for children 2-18. Parents groups related to loss, crisis intervention and follow up care available. Sliding fee scale, no Medicaid accepted. Emergency Behavioral Healthcare Center......708-331-0500 67 E. 34<sup>th</sup> St. Steger, IL. 60475 Emergency mental health situations...Medical Card and Private insurance accepted Family Christian Health Center......708-596-5177 31 W. 155th Street Harvey, IL 60426 Counseling services are provided for both children and adult Grand Prairie Services......877-477-8632 16278 Prince Drive Leave a message for the Intake Coordinator – 866-477-8632 Anger Management, coping skills/social skills group, psychiatric services available through crisis situations, family counseling, and case management services.....medical card and private insurances accepted. Spanish speaking staff is available **Ingalls Hospital** Felicia Houston; Executive Behavioral Health Professional 1 Ingalls Drive

Metropolitan Family Services	312-986-4000
13136 Western Ave	
Blue Island, IL 60406	708-974-5800

General counseling services for children, adolescent, and adults. Adult mental health case management and psychiatric services for Medicaid clients. New appointments are accepted during the first week of the month. Medical card, sliding fee scale and some private insurance available. Spanish speaking available.

#### Screening Assessment and Support Services-SASS......800-345-9049

Cares 24 hour crisis hotline will provide screenings and psychiatric hospitalizations and/or intensive outpatient services. Agency families with Medicaid, no insurance or DCFS wards residing in the Southwest Suburban Catchment Area

Counseling for victims of domestic violence and their children; legal and medical advocacy intervention programs for perpetrators of violence. Short term emergency shelter available through the 24 hour emergency hotline. Serves for victims of domestic violence are free of charge. Spanish speaking staff is available.

Drug testing, assessments, basic alcohol/substance abuse/abuse counseling, individual and group services and intensive adolescent outpatient. Medical card and private insurance accepted. Sliding scale also available. Spanish speaking staff is available

Counseling and related services are provided through Youth and family services at no additional cost for residents of the township. Services include short term family counseling for children, adolescents, and their families; short term individual counseling for adults and youth; short term marriage and couple counseling; therapeutic groups; and evaluation and referral when appropriate. Also, presentations and workshops and provided by the youth and family services department including such topics as substance abuse, teen suicide and other issue-focused subjects. Support groups, teen discussion groups, as well as self-help groups, are offered and are open to all township residents. All services are FREE if you live in township.

Advocate South Suburban Hospital	708-799-8000
Hazel Crest, IL 60429	
Advocate Christ Medical Center	708-684-8000
Aunt Martha's Medical	877-MY-Aunt-M
Community Christian Health Services	708-596-4111
South Holland, IL 60473	
Community Christian Health Services	708-868-9457
Medical Clinic and also provides specialty services as HIV/AIDS testing and holistic care	
Cook County Department of Public Health	708-232-8400
Provides prenatal care, WIC, dental, immunizations, STD testing, and family planning	
Dental Dreams	708-385-3700
Medical card is accepted and has bi-lingual staff. \$95.00 for exam and x-rays if families insurance. All ages welcomed! Open Monday through Friday 10:00 a.m. to 5:30 p.m. ar 9:30 a.m. to 3:00 p.m.	
Family Christian Health Center	708-596-5177
No appointments are necessary. Most insurance is accepted	
Franciscan St Margaret Health	219-932-2300
Physician Referral St. Margaret	708-891-9111

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Ingalls Hospital	708-333-2300
1 Ingalls Drive	
Harvey, IL 60426	
Ivanhoe Dental	708-849-8627
61 W. 144 <sup>th</sup> Street	
Riverdale, IL 60827	
Offers a full range of general and cosmetic procedures and services. Offers payment p	ans and accepts
multiple insurances.	
Metro South Hospital	708-597-2000
12935 Gregory Street	
Blue Island, IL 60406	
PASS Pregnancy Care Centers	708-418-5309
3116 Ridge Road	
Lansing, IL 60438	
Pass Pregnancy Care Centers	708-331-7733
613 E. 162 <sup>nd</sup> Street	
South Holland, IL	
Pregnancy testing and ultrasounds are available. Additional services include prenatal a hope and healing program, and advocacy programs. No charge	nd parenting classes,
Planned Parenthood	773-468-1600
11250 S. Halsted	
Chicago, IL	
Planned Parenthood	708-349-2227
14470 S. Lagrange Road	
Orland Park, IL 60462	
Provides pregnancy and STD testing and contraceptive consultation	
Smiles for tomorrow	773-426-7198
Their mission is to provide professional dental services to school-aged children and ora	I health education to
children and their families. Accept All Kids, Medicaid, MI children or private insurance	
Eyes Specialist Center	708-423-4070
10436 Southwest Highway	
Chicago Ridge, IL 60415	
Agency provides eye care for young children. Accepts All Kids, Medicaid, or private ins	urance
Agency provides eye care for young children. Accepts All Kids, Medicaid, or private ins	urance

Housing	<b>Services</b>	/Emergency	services
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Cornerstone Community Outreach	773-506-4904
4628 North Clifton Avenue Chicago, IL 60667	
Primary women and family shelter	
HUB	708-966-9482
www.findhelpsouthcook.org	
Varity of resources such as shelters and food pantries	
Homeless Prevention Call Center	877-426-6515
Provides rent, utility and security deposit assistance for struggling families. Call for a refedence not guarantee assistance. Several requirements will determine assistance.	erral/a referral
Catholic Charities	312-655-7700
721 N. LaSalle Chicago, IL 60640	
Cilicago, il 00040	
Provides housing/food assistance, emergency services such as behavioral health, crisis in employment services, rape/sexual assault services, referral services, transition from shelf help/support groups, and substance abuse	
Respond Now	708-755-4357
1439 Emerald	
Chicago Heights, IL 60411	
Chicago Department of Human Services	311
Connect individuals to shelters in Chicago land area	
South Suburban Pads	708-754-4357
414 W. Lincoln Hwy	
Chicago Heights, IL 60411	
Providing warm, secure overnight lodging, meals and hospitality at 23 local churches and rotating basis. Shelter is provided between 7 p.m. to 7 a.m. from mid -October to mid-Apemergency overnight shelter	

South Suburban Housing Center......708-957-4674 18220 Harwood Homewood, IL 60430 Provides Housing Counseling, pre and post purchase buyer counseling, foreclosure assistance, rental referral: Fair housing enforcement assistance; financial assistance, referral for homeless 567 W. Lake Street Chicago, IL 60661 Energy Assistance Program, Housing Services, counseling services to homebuyers/homeowners, very low to moderate income renter's support Bremen Township.......708-333-9530 16361 Kedzie Ave Markham, IL 60428 Provides emergency assistance in utilities (gas, electric, water...etc.) Assistance during hardship. Office hours Monday thru Friday 9:00 a.m. to 5:00 p.m. Thornwood Apartments......708-756-0248 19440 Glenwood Rd Chicago Heights, IL 60411 Low income housing 31 Olympic Villages Chicago Heights, IL 60411 Low income housing Roseland Christian Ministries......773-264-5665 Kisha Pleasant 10858 S. Michigan Ave. Women and children transitional housing. Opening May 1, 2019. 12 month program. Infant-13 yrs. (4 child limit) For mothers interested in attending school, work and permanent housing. Families are out by 6am and in by 6pm

# **Food Services/Food Pantries**

Bremen Township	708-333-9531
16361 Kedzie Ave	
Markham IL. 60428	
Food Pantry every 2 <sup>nd</sup> Friday of the month from 10:30 until all food is gone	
Department of Human Services	708-239-4700
3301 Wireton Road	
Blue Island, IL 60406	
Department of Human Services can help families with their basic need including food, he and medical. Can apply online or in person	ousing and health
New Zion/BOC Joseph Store	708-849-3237
14200 Chicago Road	
Dolton, IL 60419	
Food Pantry: Wednesday 12:00-1:00pm and from 10:00 a.m. to 1:00 p.m. every Saturday 10:00 a.m1:00 p.m.	
St. Benedicts Church Food Pantry	708-385-8510
2339 York Street	
Blue Island, IL 60406	
Services Blue Island and Robbins. Open Fridays from 9:00 a.m. to 11:00 a.m. Food pant and proof of residency required Office hours Monday- Thursday 9:00 a.m. to Thursday 4	•
Thornton Township	708-596-6040
15340 Page Avenue	
Harvey, IL	
Food Assistance Centers of Operations: Monday and Friday 10:00 a.m. until 12:00 p.m. ap.m. and Wednesday 10:00 a.m. until 12:00 p.m. and 4:30a.m. Until 6:00 p.m.	nd 1:00 to 3:00
Together We Cope	708-633-5040
17010 S. Oak Park Ave	
Tinley Park, IL 60477	
The pantry distributes food from 9:00 a.m. to 3:00 p.m. Monday, Tuesday, Wednesday,	and Friday and 2:00
p.m. until 7:00 p.m. on Thursdays	

St. Anne Parish Hall	708-335-1792
16801 Dixie Highway	/00 333 1/32
Markham, IL 60426	
Food Pantry available on Monday's at 6:00 p.m.	
Revised 9/26/19	

# Woman Infant and Children Supplemental Nutritional Programs/WIC/Doula Information

Community and Economic Development Association of Cook County.......708-371-5728

Blue Island, IL 60406

Open Monday through Friday 8:30a.m. until 5:00 p.m. Bilingual services provided

Community and Economic Development Association of Cook County.......708-754-5901

233 W. Joe Orr Road

Chicago Heights, IL 60411

Entrance through Aunt Martha's Open Monday through Saturday 8:00 a.m. until 4:30 p.m. Bilingual services provided

Catholic Charities (Chavonne Parker, Supervisor of Doulas)......773-995-1737

11255 S. Michigan

Chicago, IL 60628

Provides Doula services must be 7 months or less, also provides case management.

The Ounce of Prevention (contact Michelle Brown)......708-268-1979

**Doula Services** 

#### **Low Cost Car Seats**

Stroger Hospital......312-864-2016

1969 W. Ogden Chicago, IL 60612

Car seat program operates from 1:00 pm to 4:00 pm on Mondays, Tuesdays, Thursdays, Fridays, and Saturdays. Must watch a short video about car seat (about 20 minutes) before receiving car seat. \$30-\$40 each seat.

#### Illinois Action for Children/Early Intervention

Easterseals Early Head Star	t/Head Start	708-434-2525 or 708-330-4490
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Free in home screenings for children under the age of 3 who are experiencing delays

Illinois Action for Children......312-823-1100

# **Unemployment Assistance**

Department of Employment Security	708-596-2325
16845 Halsted Street	
Harvey, IL 60426	
Unemployment and Employment Services	

### **Legal Assistance**

Centro Romero	773-508-5300
Non-for-profit organization that provides assistance to immigrants. Services are provided in areas: immigration and citizenship public benefits. Domestic violence and housing counselin available. 30.00 donation for consolation and then a set-fee. Spanish speaking staff available	g are also
Chicago Bar Association Lawyer Referral Service	312-554-2001
Referral to private attorneys who will charge initial interview fee of 30.00; further fees subjent negotiation	ct to
Chicago Legal Clinic	773-731-1762
Low cost or pro bono. Depending on family income, legal aid available in the area of bankrup guardianship, adoption, domestic violence and immigration	otcy,
Legal Assistance of Foundation of Metro Chicago	.708-271-4950
120 S. LaSalle 9 <sup>th</sup> Floor Chicago IL 60603 Fax Number- 312-341-1041	

(bankruptcies, unfair sales practices, Medicaid/Medicare, unemployment, landlord/tenant matters) cases only

Chicago, IL 60602

Free legal help, IEP advice, self-advocacy assistance and legal representation.

Parents should call our helpline and leave a message. An attorney or law student intern will call them back within 3 days

#### **Educational Resources**

District 148

Candice Sherman

Coordinates activities for parents and helps children transition into preschool

**Lincoln School/District 156** 

Xochitl Muñoz

Assists in helping with open houses, recruitments and transitions into preschool

**Thornton High School Infant Care Center** 

15001 Broadway Ave

Harvey, IL 60426.......708-225-4036

Childcare center for District 205 and South Suburban College

#### **Adult Education Resources**

**Prairie State College** 

Opportunity Works......708-709-3582

**Brian Stanley** 

Bstanley1@prairiestate.edu

202 South Halsted Street

Chicago Heights, IL 60411

Moraine Valley Community College......708-974-5657

**TRIO-Student Support Services**